

Instructions for Casseroles Preparation:

- 1.) Please choose from one of the three breakfast recipes provided by Congregation Albert. These are located in the office or on the CA website under the 'Tikkun Olam' tab. This way we will know the nutritional content of each casserole.**
- 2.) Return the cooked and frozen casseroles to Congregation Albert with the recipe taped to the top of the casserole tin. Please write your name on it also we can keep track.**
- 3.) Return the frozen casseroles between now and December 23. Fresh casseroles can be brought in on December 24.**
- 4.) No time to shop and cook? We are accepting cash donations to purchase items such as coffee, juice, milk, fruit and breakfast meats. We will also prepare any additional casseroles that may be needed.**